



The Portrayal of Breastfeeding in Literature

By B.J. Woodstein

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“A thought provoking book exploring how the interconnected aspects of society and imagery shape how we feel about women’s bodies and the biologically normal act of breastfeeding.”—Dr Amy Brown, Swansea University, UK

“This is an important and timely book which explores and compares the representation of breastfeeding in children’s books and fiction for adults in both English and Swedish literature, including bestselling novels by Emma Donoghue and Kate Atkinson. Woodstein shows persuasively that the widespread shame around and negative perception of breastfeeding prevalent in British society is mirrored in contemporary literature; she argues for more diversity and positivity in fictional representations of breastfeeding in order to help normalize the practice for real-world parents.” — Dr Muireann Maguire, University of Exeter, UK

Analyses the depiction of breastfeeding in literature, what it tells us about how women are perceived in our society and how it matters.

Contents

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About the Author

B.J. Woodstein is a senior lecturer in literature and translation, as well as a writer, editor, Swedish-to-English translator, doula and breastfeeding counsellor.

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